

Franklin Public Schools

Social-Emotional Learning (SEL)

"Focus of the Month"

Dear Franklin Families!

FPS remains committed to supporting student development in the five CASEL SEL competency areas: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making.



To accomplish this, we are excited to roll out the Franklin Public Schools (FPS) SEL "[Focus of the Month](#)". Our goal is to provide teachers and families with strategies that support students' social and emotional learning skills development. November and December is [Self-Awareness](#) month, and each school is participating in this initiative. We encourage families to participate as well!

Are you ready to begin? If so, take the ["Try 2" Challenge](#), which can be found on our website. You may notice that you already use some of the easy-to-implement strategies at home! If you have a strategy that works for you or general feedback, you can share it by using the [Focus of the Month Feedback Form](#).

The SEL website will continue to develop as we progress through each month. Also, please be on the lookout for SEL news and information in your school newsletter!

Click Here to Get Started!

[Franklin Social and Emotional Learning Website](#)

Self-Awareness.

The ability to "accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a 'growth mindset'". This includes the skills of identifying emotions, having an accurate self-perception, recognizing strengths, developing self-confidence and self-efficacy.

