



CRITICAL CONVERSATIONS

The Impact of Social Media

Identifying strategies to establish a healthy relationship with social media that maximizes the benefits and mitigates the negatives.



SUBSTANCE ABUSE TASK FORCE

The SATF is proudly represented by students, parents, administration, faculty, counselors, athletics, SAFE Coalition, medical professionals, SROs, school committee members, and elected officials. The mission of the SATF is to promote community awareness and education surrounding the issue of substance abuse in Franklin as well as develop substance abuse prevention and intervention strategies in supporting working with students & families, as well as school based and community based prevention strategies.





AGENDA



6:00pm – Welcome & Opening Remarks

6:15pm – Facilitated Keynote

6:45pm – Remarks from Lieutenant Governor Karyn Polito

7:00pm – Panelist Discussion

7:25pm – Audience Q & A

7:45pm – So Now What? Session



Keynote

Georgia Wells

Wall Street Journal
Tech Reporter





Featured Speaker

Karyn Polito

Lieutenant Governor of
Massachusetts



Panelists

Facilitated by Paula Marano
FPS Director of Student Services



Lily Rivera

Franklin Marketing and
Communications Specialist



Gretchen Scotland

Franklin High
School Student



Anne Davies

Franklin High School
Adjustment Counselor



Jenn Briggs

Franklin High School
Adjustment Counselor



Rebecca Ballinger

Elementary Counselor




Jen Knight-Levine

SAFE Executive Director, co-
founder




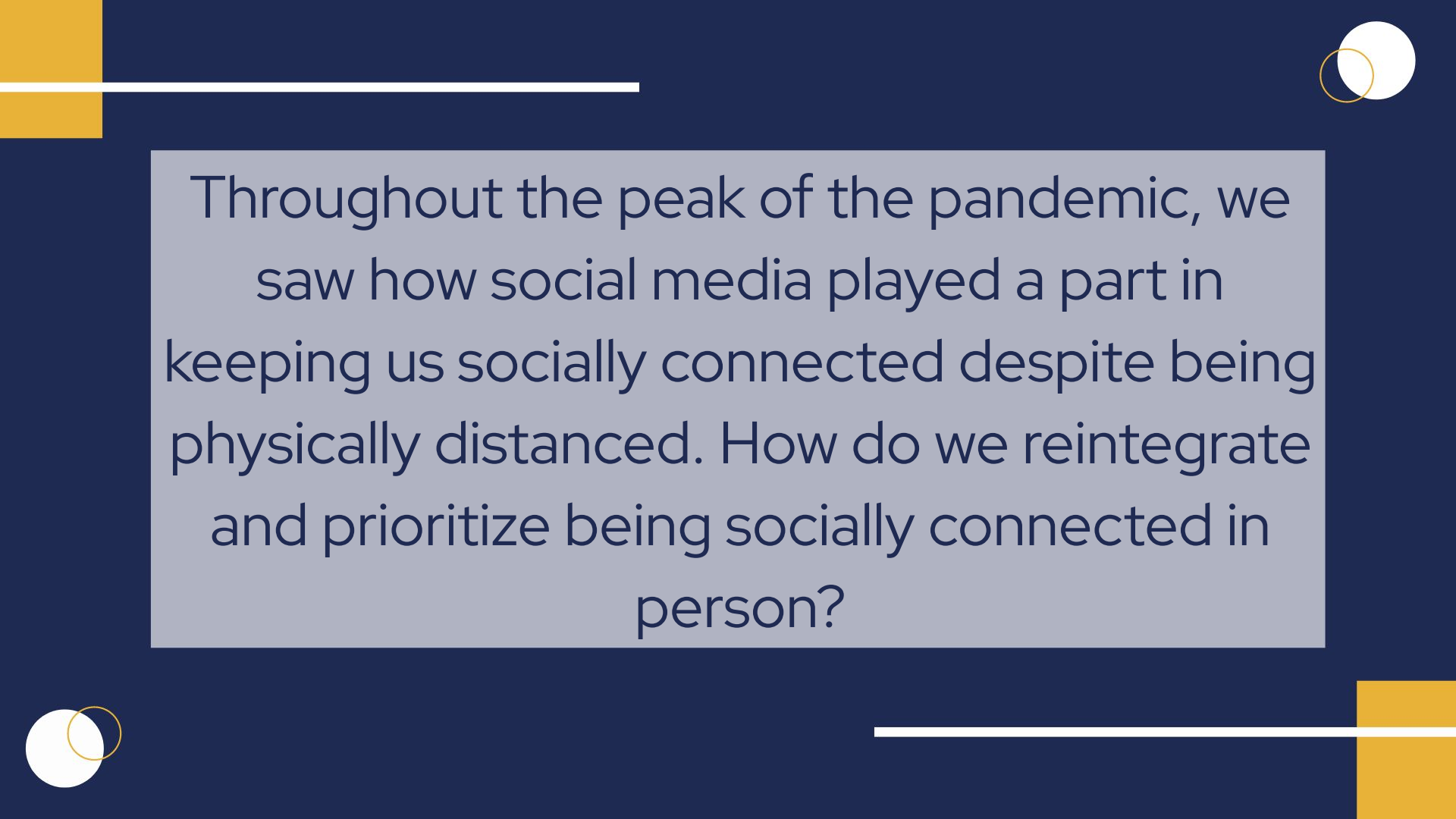
Lizzie Morrison

Annie Sullivan Middle School
Principal

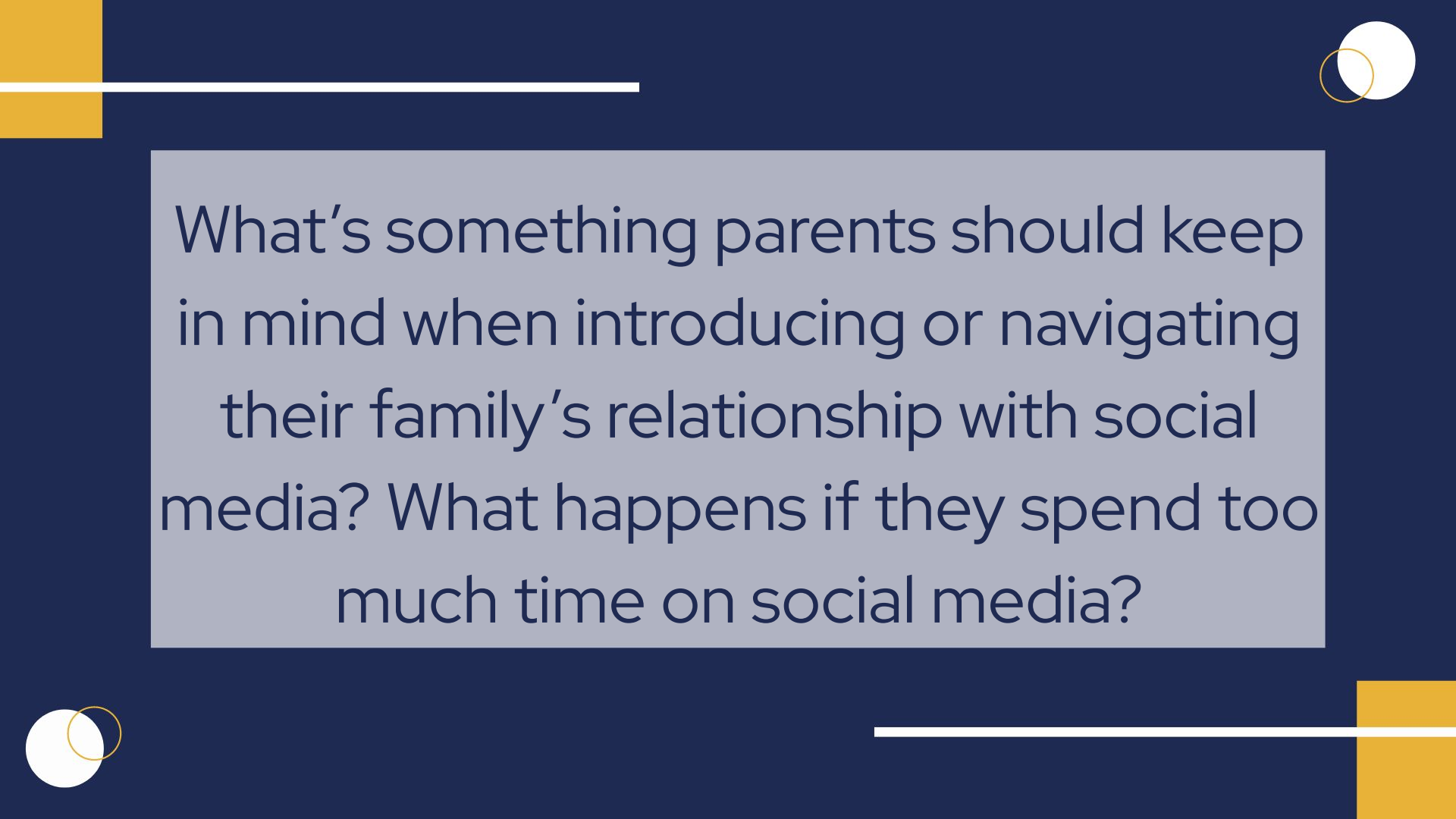


Considering your experience in
your current role, has your
relationship with social media
changed or evolved since you've
started?





Throughout the peak of the pandemic, we saw how social media played a part in keeping us socially connected despite being physically distanced. How do we reintegrate and prioritize being socially connected in person?



What's something parents should keep in mind when introducing or navigating their family's relationship with social media? What happens if they spend too much time on social media?



Audience

Q & A

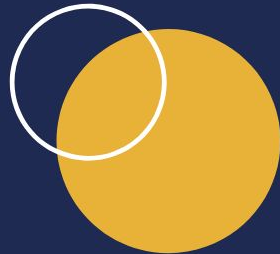
Facilitated by Dr. Bergen





So Now What?

Let's dive into some
resources and strategies
for establishing a healthy
relationship with social
media



[Access our digital resource brochure here.](#)

LIKE - Franklin Family Access



Franklin Public Schools
Families will have special
access to [LIKE By](#)
[iINDIEFLIX.](#)

*Screening available now
till March 27, 2022 at
11:45PM.*

Resources

Parental Tools

- [American Academy of Pediatrics – Screen Time Calculator & Creating a Family Media Plan](#)
- [Social Media Contract](#)

Experts to Follow

[Katie L. Greer: Internet Safety Expert](#)

- Facebook: Katie Greer – Internet Safety Expert and Keynote Speaker
- Instagram: @katielgreer

Websites

- [Common Sense Media](#)
- [Boston Children's Hospital Digital Wellness Lab](#)
- [WaitUntil8th Digital Learning](#)
- [Family Online Safety Institute](#)

Resources

Books

- [You Are What You Click](#)
- [Screenwise](#)

Parental Tech Tools

- [Gabb Phones](#)
- [Bark](#)
- [Circle](#)
- [Google: Family Link App](#)
- [Manage Screen Time and Parental Controls on Apple products](#)
- [Family Center - Instagram Supervision \(Meta Press Release\)](#)



Thank You!

