

ABOUT US...

SUBSTANCE ABUSE TASK FORCE

The SATF is proudly represented by students, parents, administration, faculty, counselors, athletics, SAFE Coalition, medical professionals, SROs, school committee members, and elected officials - who share a commitment towards combatting substance abuse in our community.

OUR MISSION

To promote community awareness and education surrounding the issue of substance abuse in Franklin as well as develop substance abuse prevention and intervention strategies in the following areas:

1. Supports for working with students & families
2. School based prevention strategies
3. Community based prevention strategies

STAY INFORMED



@FranklinPSNews



@FranklinSchoolDistrictMA

WATCH "LIKE"



Available through Sunday, March 27th,
2022 at 11:45pm

Thank you to SAFE Coalition for
funding this viewing,

Hosted by the Franklin
Substance Abuse Task Force

CRITICAL CONVERSATIONS

*The Impact of
Social Media*

AGENDA

- 6:00pm - Welcome & Opening Remarks
- 6:15pm - Facilitated Keynote
- 6:45pm - Remarks from Lieutenant Governor Karyn Polito
- 7:00pm - Panelist Discussion
- 7:25pm - Audience Q & A
- 7:45pm - So Now What? Session

HOSTED BY THE
FRANKLIN SUBSTANCE
ABUSE TASK FORCE

THE LINE UP...

KEYNOTE

A Tech Reporter for The Wall Street Journal. Based in San Francisco, where she writes about the uses and abuses of social media.



GEORGIA WELLS

FEATURED SPEAKER



Lieutenant Governor of Massachusetts since 2014.

KARYN POLITO

PANELISTS

Jenn Briggs

Franklin High School Adjustment Counselor

Anne Davies

Franklin High School Adjustment Counselor

Lizzie Morrison

Annie Sullivan Middle School Principal

Gretchen Scotland

Franklin High School Student

Lily Rivera

Franklin Marketing and Communications Specialist

Jen Knight-Levine

SAFE Executive Director, Co-founder

Rebecca Ballinger

Elementary Counselor

TIPS

- Establish screen free zones, screen free time and shared screen time.
- Embrace shared screen time by interacting with your child to identify teachable moments through reflection.
- Gently introduce social media. Start with text and build from there.
- Approach with curiosity. Acknowledge that social media can be positive. The source of a problem is not always the platform itself.
- Empower children to collaborate on solutions.
- Change your phone to grayscale – it will appear less interesting which can result in reduced use.
- Mute notifications. Devices don't require immediate engagement. Establish emergency bypass for important contacts if it does.
- Disable your child from downloading apps from the app store. Research apps before you allow access to them.
- Set a good example. Monitor your relationship with your device and demonstrate healthy social media habits.

RESOURCES

WEBSITES

- [Common Sense Media](#)
- [Boston Children's Hospital Digital Wellness Lab](#)
- [WaitUntil8th Digital Learning](#)
- [Family Online Safety Institute](#)

PARENTAL TOOLS

- [American Academy of Pediatrics - Screen Time Calculator & Creating a Family Media Plan](#)
- [Social Media Contract](#)

BOOKS

- [You Are What You Click](#)
- [Screenwise](#)

PARENTAL TECH TOOLS

- [Gabb Phones](#)
- [Bark](#)
- [Circle](#)
- [Google: Family Link App](#)
- [Manage Screen Time and Parental Controls on Apple products](#)
- [Family Center - Instagram Supervision \(Meta Press Release\)](#)