



SBIRT Implementation Plan

2018-19 School Year



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SBIRT is...

- ★ A process of verbally screening students for possible substance abuse disorders
- ★ Providing a brief intervention and support for students in the school environment
- ★ Referring to treatment when necessary
- ★ Required by law (2016 MASS. ACTS c. 52)
- ★ Unfunded*
 - Funding appropriated to DPH, not districts

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Screening Plan

- ★ Verbal Screening in two grades: 8, 10
- ★ Parents notified of screening prior to start of school year
- ★ Opt-out option available to parents and students
- ★ Verbal screening tool used by all screeners:
 - CRAFFT II - research based
- ★ All screeners trained in 2017-18 through DPH professional development

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Screening Plan: **Grade 8**

- ★ Screening conducted by school nurse
- ★ Screening to begin in mid-September and culminate mid-December
- ★ Each screening interview lasts approximately 5 minutes
 - Nurses should average c. 10 screenings per week to complete on schedule
- ★ If students answer yes to two or more questions, referred to Brief Intervention
- ★ Anticipate low-incidence rate based on other districts

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Screening Plan: **Grade 10**

- ★ Screening conducted by team of 6 counselors
- ★ Screening to take place over 1 week in January
- ★ Each screening interview lasts approximately 5 minutes
- ★ If students answer yes to two or more questions, referred to Brief Intervention
- ★ Anticipate low-incidence rate based on other districts

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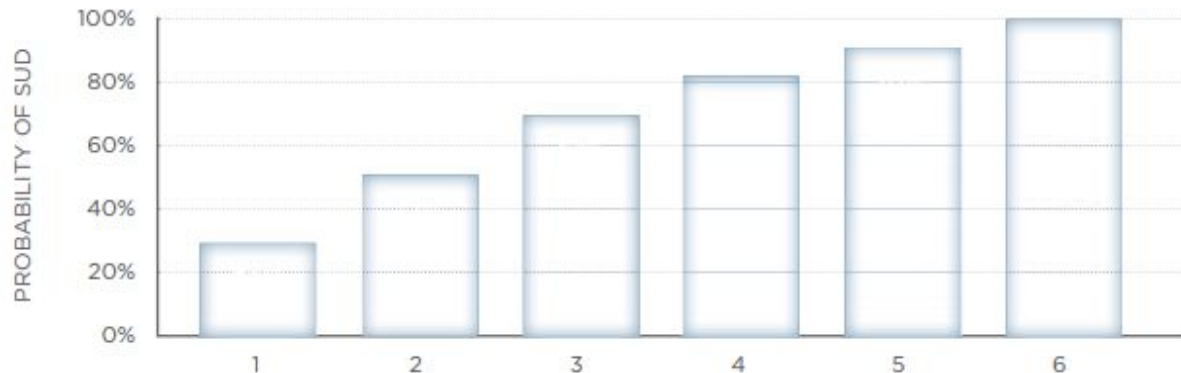
Referral to

Treatment

CRAFFT II Verbal Screening Tool

Results

PROBABILITY OF A DSM-5 SUBSTANCE USE DISORDER BY CRAFFT SCORE*



Knight JR, Sherritt L, Shrier LA, Harris SK, Chang G. Validity of the CRAFFT substance abuse screening test among general adolescent clinic patients. Archives of Pediatric and Adolescent Medicine, 2002(Jun);156(6):607-614.

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Brief **I**ntervention (all students in 8 & 10)

- ★ Brief Intervention is a longer motivational interview with a building-based counselor
- ★ Follows established protocols and questions
- ★ Assess level of risk
- ★ Provide positive reinforcement of healthy choices
- ★ Provide access to school-based supports if needed
- ★ Assist with referral to treatment if necessary

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Referral to Treatment (all students 8 & 10)

- ★ Based on assessed level of risk, students may be referred to treatment
- ★ FPS maintains list of rehabilitation and recovery programs on website
- ★ Additional assistance to treatment programs through SAFE Coalition resources
- ★ Referrals for counseling supports through Interface Program (beginning July 1)

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Next Up... Important Considerations

- ★ Parental Notification & Opt Out
- ★ Confidentiality of Student Responses
- ★ Data Collection & Dissemination
- ★ Staffing & Funding

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Parental Notification & Student Opt-out

- ★ Right to notification & opt-out protected by law
- ★ District required to notify parents of screenings prior to start of school year
- ★ Parents may opt a student out of process by notifying school in writing prior to screening
- ★ Students may opt out of process by notifying school in writing or verbally at any time prior to or during screening

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Confidentiality of Student Responses

- ★ Schools cannot record specific students' responses to any question that identifies a student
- ★ School staff may not disclose student's responses to questions (*even to parents*)
- ★ Two exceptions to confidentiality guidelines:
 - Immediate Medical Emergency
 - As otherwise required by law (i.e. child abuse or neglect)
- ★ Written consent required to disclose information
- ★ ***Different standard of confidentiality than what students and parents accustomed to***

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Data Collection & Dissemination

- ★ Screener must record all student responses to questions on spreadsheet
 - Responses **NOT** identifiable by student
- ★ School must transmit responses to DPH at conclusion of screening process
- ★ No student-identifiable information will be transmitted

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Staffing Considerations

- ★ Total students to be screened = 900
- ★ Time per student = 5 minutes
- ★ Total staff time required = 75 work hours

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Special Thanks to:

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Questions?