

Franklin Public Schools
Franklin School Committee

School Start Times Advisory Committee
Full Committee

Thursday, January 17, 2019
7:00 P.M.

Town Municipal Building -- 3rd Floor Training Room

MINUTES

I. Call to Order - S Ahern called the meeting to order at 7:04pm

Members Present: Sara Ahern, Miriam Goodman, Monica Linden, Jessica Pisano, Gigi Zub, Mary Jane Scofield, Elizabeth Woelflein, Rebecca Cameron, Tom Angelo, Jen DeBaggis, Oona Harrington, Donna Grady, Ellen Gould, Emily Ambrose

Members Absent: Erica Monteiro, Kit Brady, William Klements, Maria Weber

Student Liaisons Present: William Olbrys, Grace Newton

Student Liaisons Absent: William Gardner, Conlon Hickey,

II. Approval of Minutes

- a. Full Committee Meeting -- 12/18/18 motion by M Linden , second by MJ Scofield, approved (8-0-5 (Grady, Angelo, Harrington, Ambrose, Gould))
- b. Subcommittee Meetings -- None for approval

III. Updates from Subcommittees- None

IV. Update on Communications - S Ahern reported that the parent forum is scheduled for January 30, 2019 at 7pm with a sleep expert from Harvard University and with a panel of pediatricians. S Ahern met with Dr. Bergen, School Committee Chair regarding a target date for a presentation to the School Committee from the School Start Times Advisory Committee on their findings. Presentation will take place on March 26, 2019. Two critical pieces of information will include a presentation and a report synthesizing and summarizing the work the committee has done. The steering committee can collate information from each subcommittee and draft the report and presentation.

V. Initial review of survey data- S Ahern reviewed the survey responses and indicated there were, generally, 1,473 responses. Responses were based on scenarios A and B below:

Scenario A

School Level	Current Time	Scenario A: Potential Time
Elementary Schools	8:30 AM - 2:40 PM	↔ 7:45 AM - 1:55 PM
Middle Schools	7:20 AM - 1:50 PM	↔ 8:15 AM - 2:45 PM
Franklin High School	7:35 AM - 2:05 PM	↔ 8:45 AM - 3:15 PM

Scenario B

School Level	Current Time	Scenario B: Potential Time
Elementary Schools	8:30 AM - 2:40 PM	↔ 7:55 AM - 2:05 PM
Middle Schools	7:20 AM - 1:50 PM	↔ 8:55 AM - 3:25 PM
Franklin High School	7:35 AM - 2:05 PM	↔ 8:25 AM - 2:55 PM

Members of the committee discussed the hi-level results in smaller groups and then a full group discussion was held. Disaggregating the data will be helpful and S Ahern will review and report back to the full committee with further data. Separating elementary from middle and high school level would be helpful. Awareness was raised for the impact on families with students with special needs as to after school therapy appointments (speech, OT, PT, counseling, etc.) Concern was noted for the rate being charged for Solutions and the rate impact if hours were extended. S Ahern will follow up with Chris Nayler, Director of Lifelong Learning.

Further analysis will be forthcoming at the next meeting. Faculty and staff survey might also be reviewed at the next meeting. Perhaps the Employee Relations Subcommittee can do some analysis first

VI. Planning for parent/guardian education forum

The expectation is for a one hour-long presentation with an opportunity for questions. The intent of this forum is to inform and provide background information relative to sleep research and the impact on adolescents as well as to inform the community about the process and the considerations of the School Start Time Advisory Council. O Harrington will moderate the evening.

Agenda for the evening was developed as follows:

Introductions from the moderator
10 minutes from Presenter
10 minutes for the pediatricians
5 minutes for the process
20 minutes for scripted questions from moderator to panelists
10 minutes for audience questions

Possible questions might relate to:

- Sleep research relating to elementary aged children
- What's the big deal? "We were fine when we went to school..."
- When does the circadian rhythm shift later and when does it shift back?
- Isn't this more about technology and kids on their phones?
- Why are we doing this now? and why here?
- What districts around us have already done this?
- Student wellness considerations
- Impact on staff

VII. Other

Next meeting to be held on Feb 13, 2019

VIII. Motion to adjourn by M Linden, second by D Grady (unanimous) at 8:52pm