



# What's For Lunch?

*by Colin Boisvert, Food Service Director*

Did you know that high school and middle school cafeterias showcase themed concepts for lunch each month?

February features **Little Italy** providing student friendly options with an Italian flair. Look for Tuscan Garlic Chicken, Sweet Red Pepper Pesto over Pasta, and Marinated Balsamic Glazed Chicken.

March brings **Asian** themed favorites including General Tso Chicken, Thai Beef Salad, and Szechuan Beef

Other upcoming concepts include:

**All American Station:** Build your own options including Burger Bar and Build Your Own Breakfast Sandwich Bar. Options in this station are low sodium, reduced fat, and served on whole grain breads

**International:** Features from around the globe. Popular items include: Tandoori Chicken with WG Naan, Sesame-Garlic Beef Lo Mein, and Beef Gyro

**Mexicali:** Build your own options such as Carnitas Tacos, Barbacoa Boat, and Burrito Rice Bowls

Elementary menus for February feature a few theme days including Mexican Fiesta: Chicken Fajita with Cilantro Lime Rice, Fajita Vegetables, and Corn Tortilla (This meal is Gluten Free).

February 7<sup>th</sup> features "A Taste of Italy" which features a Pasta and Italian Cheese Sauce with Wheat Ciabatta Bread, and Garlic & Herb Vegetables.

Elementary parents, check your menu for the daily options that your children will enjoy!