

Franklin Public Schools
Franklin School Committee

School Start Times Advisory Committee
Full Committee

Monday, November 19, 2018
7:00 P.M.

Town Municipal Building -- 3rd Floor Training Room

MINUTES

I. Call to Order - S Ahern called the meeting to order at 7:02pm

Members Present: Sara Ahern, Miriam Goodman, Erica Monteiro, William Klements, Monica Linden, Jessica Pisano, Oona Harrington, Gigi, Zub, Ellen Gould, Mary Jane Scofield, Donna Grady, Elizabeth Woelflein, Emily Ambrose, Kit Brady, Jen DeBaggis, Maria Weber

Members Absent: Tom Angelo, Rebecca Cameron

Student Liaisons Absent: Grace Newton, William Gardner, Conlon Hickey, William Olbrys

II. Approval of Minutes

- a. Full Committee Meeting -- 10/24/18 motion by D Grady, second by M Linden, approved 10-0-3 (Wolflein, Ambrose, Brady abstain)
- b. Subcommittee Meetings --
 - i. Sleep Research - 10/2/2018 motion by K Brady, second by E Wolflein, approved 3-0-1 (Linden abstain)

III. Updates from Subcommittees

Sleep Research- no recent meeting

Research Other Districts- S Ahern compared notes regarding different communities and discussed common themes: most districts spent 2 years - 1 to study, 1 to implement; suggestions/strategies about educating community and messaging; reviewed Westborough's report and their condensed summary. Questions were raised about the scenarios again and implications for Transportation subcommittee. Conversation about survey and process and how many scenarios go out to the general public. Discussion around bus routes and

what times routes would begin if elementary school students were picked up first for a 7:45 start. M Goodman responded that the routes would start about 7:15.

Additional question about student pickup times varying on the same bus route and whether there were depot stops or multiple stops for individual students. M Goodman responded that there were depot stops whenever possible and that safety was a factor when there were individual stops.

Employee Implications - D Grady reported that other districts' surveys did not include questions regarding employees. Questioned the possibility of pulling general questions and sending them to employees.

After School- no recent meeting

Transportation/Traffic - no recent meeting

Before School - no recent meeting,

- IV. Update on Communications - S Ahern reported that the one-question survey would be going out to students tomorrow at Middle and High School with one going out after Thanksgiving.

Metrowest Youth Data on sleep research was presented and briefly discussed. Percentage of students getting 8+ hours of sleep declined from 63% in Grade 7 and 15% in grade 12.

- V. Review Potential Surveys and Next Steps- S Ahern reviewed the draft parent survey and reviewed results from Westboro. Discussion focused on Westboro's survey results in comparison to the draft we developed. There is a desire to get the survey out to get some direct feedback so that we can take some next steps and respond. Compilation of data by categorizing themes/comments and whether they were positive, negative or neutral was suggested. The group agreed that models E2 and E4 time would be the scenarios presented in the survey. The group also agreed to include the data from the student survey in the introduction. Parent survey will go out on December 3, 2018 and potentially have data back by the next meeting.

Dr. Ahern was commended for all of her efforts in developing the survey.

- VI. Other
Next meeting on December 18, 2018.

- VII. Motion to adjourn by J Pisano, second by V Zub (unanimous) at 8:27pm